



THIS WEEK AT HOME

Monday, February 15, 2016

Conduct

Verses 2 and 18 in the First Reading provide two rules for the divine-human relationship. First, we must be holy like God; and second, we must love our neighbor. Maybe we've heard it too often, but if we follow these commands, our lives will be rooted in God. In the Gospel, Jesus is clear that those who pour out their love will share in the Kingdom. Perhaps you might try to take a few moments to journal about ways you have broken the commandments. How might you reconcile with God, self, and neighbor? *Today's Readings: Leviticus 19:1-2, 11-18; Psalm 19:8, 9, 10, 15; Matthew 25:31-46.*

Tuesday, February 16, 2016

Word

The illustration in the First Reading invites us to think about God's Word. Like the rain that nourishes the earth, God's Word nourishes our hearts and awakens us so that we can spread the Good News. Jesus, the Word made flesh, came into the world to reveal the Kingdom. When you hear the Word, are you inspired to do God's will? Consider taking time to provide encouragement to a friend. *Today's Readings: Isaiah 55:10-11; Psalm 34:4-5, 6-7, 16-17, 18-19; Matthew 6:7-15.*

Wednesday, February 17, 2016

Repent

Are we an evil generation? Jesus uses these strong words in the Gospel to address those who seek more proof of his spiritual authority. They want a sign like Jonah was for Nineveh. He called the city to repent so that God would spare them. The role of a prophet is to call people back into right relationship. Through the Incarnation, God reveals himself in Jesus, the ultimate sign of his love for us. We must repent and turn back to God to enter the fullness of life. This evening light a candle and slowly pray today's psalm. *Today's Readings: Jonah 3:1-10; Psalm 51:3-4, 12-13, 18-19; Luke 11:29-32.*

Thursday, February 18, 2016

Pleading

Queen Esther's prayer in the First Reading acknowledges the sin of the nation and recalls God's faithfulness. She pleads with God to rescue them from the enemy. The Gospel reminds us that Jesus saves us from our enemies, our sins. We must seek God's mercy and then, like the psalmist, give thanks and praise when the Lord answers our prayers and delivers us from our brokenness. As we approach the second week of Lent, this might be a good time to consider joining or starting a Bible study. *Today's Readings: Esther C:12, 14-16, 23-25; Psalm 138:1-2ab, 2cde-3, 7c-8; Matthew 7:7-12.*

Friday, February 19, 2016

Turn Away

The Prophet Ezekiel is straightforward in telling the people to turn away from sin. By casting aside their wickedness and following the Law, they will have life. We must strive to live a virtuous life united to Christ. When Christ is not at the center of our lives, it is easy to be overwhelmed by sin, which leads to destructive relationships. If we choose a path without Christ, we are liable to judgment. Where do you need reconciliation? Plan to celebrate the Sacrament of Penance during this season. *Today's Readings: Ezekiel 18:21-28; Psalm 130:1-2, 3-4, 5-7a, 7bc-8; Matthew 5:20-26.*

Saturday, February 20, 2016

Love

God created us out of love, for love; Jesus calls us to witness this love in the Gospel. He tells us to love our neighbors and our enemies. Who is your neighbor? What does it look like to love these neighbors? Second, consider who your enemies are. What does it look like to love them? God has filled us with love to share, so think of ways you can share your love. *Today's Readings: Deuteronomy 26:16-19; Psalm 119:1-2, 4-5, 7-8; Matthew 5:43-48.*



© 2016 Liturgical Training Publications. 1-800-933-1800. Written by Timothy A. Johnston. Illustrated by Steve Musgrave. Scripture quotations are from *The New Revised Standard Version Bible: Catholic Edition*, copyright © 1993 and 1989 by the Division of Christian Education of the National Council of the Churches of Christ in the USA. Used by permission. All rights reserved. Permission to publish granted by the Archdiocese of Chicago on August 21, 2015.

Keeping the Seasons
Reproducibles for Lent-Triduum-Easter 2016