
ST. MARY'S, NANTUCKET LENT 2017



"Lent is the favorable season for renewing our encounter with Christ, living in His word, in the sacraments and in our neighbor,...May the Holy Spirit lead us on a true journey of conversion, so that we can rediscover the gift of God's word, be purified of the sin that blinds us, and serve Christ present in our brothers and sisters in need."-Pope Francis, Message for Lent 2017

❖ ASH WEDNESDAY, MARCH 1

This day, Catholics world-wide fast & abstain from meat (see details on reverse side).



Ashes will be distributed at all of these times:

7:30am Mass in

English

12:30pm Prayer
Service for children

5:15pm Mass in English

7:00pm Mass in Spanish

❖ THROUGH THE SEASON

What on this list can you add to Sunday Mass, as your Lenten plan of renewal?

SUNDAY MASSES	Saturday 5pm Sunday 8am, 11am (Liturgy of the Word for Children), 6:30pm (Spanish)
FAST, ABSTINENCE	see the reverse side
DAILY MASS	Monday through Thursday, 7:30am (Lay-led communion service, Friday, 7:30am)
ADULT EDUCATION	Session on Sunday Scriptures, with Tom Ryan for Lent, 2/26, 12:10 PM for Easter, 4/23, 12:10 PM

NEW THIS LENT: Videos with Bishop Barron- ***CATHOLICISM: The Pivotal Players***

60 minute videos, followed by a brief discussion

Tuesdays 8:00am (after Mass; facilitated by Fr. Bouchard)
and another opportunity:
6:00pm (facilitated by Leslie Bresette)

Copies of the "Little Black Book" with meditations are in the church vestibule.

There will be a ***Keeping the Seasons*** insert for background in each Sunday Bulletin.

WAY OF THE CROSS - English Stations of the Cross, Wednesdays, 5:15pm; followed by a "lite-bites" supper
- Spanish Via Crucis, Fridays, 7pm (6pm on 3/24)
- in private, when the church is open, 7am - 5pm

WORKS OF MERCY Please use a "rice bowl" for the Catholic Relief Services

❖ **COMMUNAL, BILINGUAL PENANCE SERVICE – MARCH 24 – 7:00pm**

On this Friday evening, the Spanish language stations of the cross (normally at 7:00pm) will be at 6:00pm



At 7:00pm, all parishioners and visitors-both our English language community and our Spanish language community – are encouraged to participate in a prayer service, followed by an opportunity for private confession. Confessors will be available in both English and Spanish.

❖ **HOLYWEEK**

Later in Lent, see our website and bulletins for a full schedule of Holy Week and Easter. Information and live streaming - www.stmarysnantucket.org and at [St. Mary Nantucket App](#)



DIOCESE OF FALL RIVER. LENTEN REGULATIONS 2017

1. Law of Fasting

A. All adults (18 and older) are bound by the law of fast to the beginning of their 60th year.

B. On days of fast, those bound by the law are limited to a single full meal. This meal is meatless. Two other meatless meals, sufficient to maintain strength, may be taken according to one's needs; however, together these two meals should not equal another full meal.

C. There are two prescribed days of fast: Ash Wednesday and Good Friday.

2. Law of Abstinence

A. Those who are 14 years of age and older are obliged to observe the law of abstinence.

B. On days of abstinence, those bound by the law abstain from meat.

C. On all Fridays of Lent, abstinence is prescribed. This, of course, extends to Good Friday. Abstinence is also prescribed on Ash Wednesday.

3. Lenten Discipline

Canon 1249: "All members of the Christian faithful in their own way are bound to do penance in virtue of divine law; in order that all may be joined in a common observance of penance, penitential days are prescribed in which the Christian faithful in a special way pray, exercise works of piety and charity, and deny themselves by fulfilling their responsibilities more faithfully and especially by observing fast and abstinence ..."

We can add a suggestion for CHILDREN YOUNGER THAN 14: While they are not bound by these laws of fast and abstinence, our Code of Canon Law helpfully encourages their parents "to see to it that minors are educated in the authentic sense of penance." (Canon 1251). The joy of a shared Lenten discipline (#3, above) can be shared by all.